

SECTION
SERVICES

SUBJECT
Overnight Supports

DEFINITION

Members living alone and in need of supervision may have overnight or enhanced staffing during a time period that a member is experiencing an increase in mental health symptoms or while resolving a crisis for a limited time. Overnight or enhanced staffing supervision will be provided based on individual needs defined in the person centered recovery plan. This support may be available up to 30 days, unless extenuating circumstances warrant a longer timeframe.

SERVICE REQUIREMENTS

Overnight Supports provide monitoring and/or supervision during the member's normal sleeping hours in the member's place of residence. Overnight support may include 12 consecutive, nighttime hours during a 24 hour period. The support period must be at least 6 hours in length but cannot exceed 12 hours. Only one unit is allowed within a 24-hour time period. The support provider can sleep but must awaken as needed to provide the support identified in the member's person-centered recovery plan. If technological devices such as pagers or "child" monitoring systems are used, the provider must be competent in the use of the device.

A risk or specific need must be shown to the member warranting the service to be put in place, i.e. recent psychiatric crisis or immediately following an inpatient medical stay. Support may be provided up to 30 days during the course of a member's person centered recovery plan. Thirty days may be initially approved with prior authorization by the Community Program Officer (CPO). An additional 15 days may be added with justification of the extension of the service.

Support may include:

- One to one care
- Implementing the participant's 24/7 backup
- Calling 911 in case of emergency
- Limited Hygiene Care

The member must meet the following criteria:

- Lives alone in a community setting
- Has a cognitive impairment, physical disability, or mental illness that requires overnight supports
- Has no one available as an informal support during normal sleeping hours
- Understands and agrees that the service is temporary and limited
- The member is not in need of an active psychiatric inpatient stay or mental health crisis services

SDMI HCBS 722
Department of Public Health and Human Services
MENTAL HEALTH SERVICES BUREAU

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LIMITATIONS

Overnight support shall not double bill other waiver services. Personal care, nursing, and other hands on services should be billed under the appropriate State Plan/CFC or waiver service. Overnight support is not an equivalent waiver service to Peer support. It is specifically used as a supplement to services in place in an acute situation and not as a stand-alone, ongoing service.

Members residing in an assisted living facility or group home are not eligible for this support.

This support shall not be paid while the member is hospitalized, in a nursing home, or in any other situation where the participant can receive this service.

The amount of overnight support approved and provided will vary based on the needs of the member and has a limit within the person-centered recovery plan.

Overnight Support cannot be provided by the consumer's legally responsible relatives or those family members who normally provide the care.

It is the responsibility of the provider agency to ensure that a provider is appropriately trained under agency-based services or the consumer under the self-directed and participant directed programs. It is the responsibility of the case management team to define and arrange for any specialized training. All providers must meet state and licensure requirements for the services being provided.